

Holding the Line: Safe Professional Boundaries with Clients, With Colleagues

Earn 14 CPD points



This workshop endorsed by:



THEMES

- **Definitions**
 - * **Transgressions, crossings & violations**
- **Self-Awareness**
 - * **Becoming aware of my actions, disclosure**
- **Dual relationships**
 - * **Recognising the complexities of working in small communities**
- **Stakeholders & Costs**
 - * **The Roles we play**
 - * **Reasons that transgressions occur**
- **Strategies**
 - * **Self**
 - * **Colleagues**
 - * **Organisation**

OBJECTIVES

This workshop explores a number of themes which help to deepen knowledge and skills in working safely and with care with professional boundaries. It is important for staff working in people related industries to appreciate and understand the complexities of professional boundaries.

Using a professional boundary framework, the facilitator will illustrate boundary crossings and violations in the continuum of over and under involvement. Role play will be used to practice ways to deal with situations professionally. Focuses include the client/staff relationship and collegial relationships. Psychodrama will be used to deepen participants experiential learning, helping them gain awareness and insight. The use of psychodrama also speeds up integration of material. Book early to ensure your place.

Who should attend: health professionals, AO staff, teachers, community & government workers and NGO staff.

Facilitator: Dr Wendy H McIntosh PhD (RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training).

Wendy conducts training on a number of themes including boundaries, mental illness in the workplace, and working with clients who have experienced childhood trauma. Wendy regularly presents at state, local and international conferences, has a number of publications and writes a monthly blog.

With an extensive history of working in mental health (clinical, research & education), Wendy conducts regular individual and group supervision and is past President of the Australian, Aotearoa New Zealand Psychodrama Association, Qld Region.



Davaar Consultancy Training and Development Pty. Ltd

Professional Boundaries: Your Safety, Our Business

Holding the Line – Safe Professional Boundaries with Clients, with Colleagues

Safe Professional Boundaries require us to hold a line in every situation, calling on us to be present & creative in each circumstance. It is paramount for staff working in people-related industries to appreciate and understand the complexities of safe professional boundaries. We'll explore various themes which help to deepen knowledge and skills in working safely, and with care.

Themes explored during this workshop include:

- Client - staff and collegial relationships
- Dual relationships and other complexities
- Roles we play
- Reasons that transgressions occur

Using a professional boundary framework the facilitator will explore boundary crossings and violations in the continuum of over- and under- involvement. Psychodrama will be used to deepen participants experiential learning, helping them gain awareness and insight and to also accelerate the rate of integration of the material.

Comments from prior participants:

- ✓ "I wasn't sure what to expect but it turned out to be the best two days of training..."
- ✓ "Very insightful, recommend for any training purpose in regards to professionalism. Information extremely useful for anyone, not limited to the health profession"
- ✓ "I found it engaging, the atmosphere comfortable and safe and the input and knowledge imparted very valuable"
- ✓ "A wonderful learning experience. Insightful, informative and thought provoking. Thank you Wendy for your imparting of your knowledge and wisdom. Your workshops are valuable and every nurse should attend"
- ✓ "Most enjoyable, very informative and contextual, taken out of paradigms expertly (role play)"
- ✓ "The workshop was very interesting and provided insight towards problem solving and contingencies to consider in respect of boundaries and professional practices. Overall the workshop was very well facilitated to maximise participation by attendees to actually address personal experiences and to better understand the necessity and concept of professional boundaries".

Visit Davaar.com.au for more information on this workshop, and our other offerings.

Facilitator

Dr Wendy H McIntosh PhD (RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training). Wendy conducts training on a number of themes including boundaries, mental illness in the workplace and working with clients who have experienced childhood trauma. Wendy has presented workshops on a number of themes at state, local and international conferences. She has a number of publications and writes a monthly blog. With an extensive history of working in mental health (clinical, research & education), Wendy conducts regular individual and group supervision and is past President of the Australian, Aotearoa New Zealand Psychodrama Association, Qld Region.