



Navigating professional presence and boundaries workshop



One day - 12th March 2024 0900-1630hrs AEST Qld. CPD 6.5hrs
or
Two x 4 hours - Tuesday 7th May and Wednesday 8th May 2024
0830-1230hrs CPD 8hrs

REGISTRATION COST

\$242.00 (incl GST) per person for 1 day or 4 x 2 hr workshops

INTRODUCTION

In this dynamic workshop, participants will explore the crucial art of maintaining a strong professional presence while establishing and preserving effective boundaries. Through interactive sessions, participants will enhance their communication skills, cultivate a positive image, and learn strategies for setting and maintaining professional boundaries to foster a healthy and successful work environment."

Themes covered:

- Communication skills
- Establishing & maintaining boundaries
- Resolving conflict
- Self awareness
- Duty of care to self
- Spontaneity and creativity

Objectives of the workshop to:

1. Develop effective communication: enhance verbal and non-verbal communication skills to project a strong professional presence.
2. Boundary setting: understand the importance of setting clear professional boundaries and practice strategies to establish and maintain them.
3. Conflict resolution: acquire tools for resolving conflicts diplomatically while upholding professional decorum and boundaries.
4. Self-awareness: foster self-awareness to recognize personal strengths and areas for improvement in maintaining a professional presence.
5. Duty of care to self: explore methods for maintaining a healthy work-life balance to sustain long-term professional presence.
6. Adaptability: Cultivate adaptability in various professional contexts, adjusting communication and presence according to different situations and stakeholders.
7. Confidence Building: Build confidence in professional interactions by mastering the balance between assertiveness and diplomacy.
8. Ethics and Integrity: Emphasize the importance of ethical behavior and integrity in maintaining a professional presence and upholding boundaries.

TESTIMONIALS

"Life changing, people centred, honest & evocative." Rae Participant virtual boundaries workshop July 2023

"Wendy, the facilitator, does a wonderful job of explaining all areas as well as trying to keep it fun. I was very impressed with the knowledge I took away with me from doing this course." Karen Participant face to face boundaries workshop Sep 2023

"You will learn more about yourself and how you can not only better relate to customers in a safe way, but also how to protect yourself in the process." Colleen Participant virtual boundaries workshop July 2023

WHO IS THIS COURSE FOR?

Health Professionals, Teachers, Support Workers, Managers and Team Leaders, those interested in supporting clients in distress

FACILITATOR

Dr Wendy McIntosh
RN GRAD DIP MH, MN PHD



Establishing her own company Davaar Consultancy Training & Development in 2005, Wendy has over 30 years as a health professional (clinical, education and research), twenty-five of those years in mental health. Areas of specific interest and passion for Wendy include:

professional supervision, professional boundaries, professional identity, links between childhood trauma and mental illness and workplace bullying.

Wendy has over 20 years as a psychodrama trainee – a life long learning. She is committed to using experiential learning in the work she does with individuals and groups. Regularly presenting workshops at national & International conferences, Wendy consistently receives feedback on her passion, knowledge and creativity as a presenter & facilitator.

Wendy is continually integrating learning and insights she gains from the work she does in professional boundaries. Wendy has developed internet training tools and education packages for individuals / organisations and delivers webinars for a variety of organisations nationally and internationally.

With the assistance of six podcast episodes titled 'Professional Boundaries', Wendy is exploring and guiding listeners on their own personal and reflective journey through boundaries. This series of professional boundaries podcasts has been picked up by the School of Health and Social Care, Edinburgh Napier University to be used in their curriculum. Further podcasts are currently in production.

Wendy was Charter President of the Global Nurses & Midwives Rotary Club. An innovative, diverse and inclusive Rotary Club whose members come from around the world.

TO REGISTER

Fill out the registration form attached and email to debb@davaar.com.au

Virtual via Zoom



NAVIGATING PROFESSIONAL PRESENCE & BOUNDARIES WORKSHOP

REGISTRATION FORM & TAX INVOICE

Dates to choose from:

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or

Two x 4 hours - Tuesday 7th May and Wednesday 8th May 2024 0830-1230hrs CPD 8hrs

Dates you would like to attend: _____

Name: _____

Mobile No: _____ **Email :** _____

Workplace: _____

Position: _____

Registration requirements: Payment must accompany your registration for this workshop up to 4 days prior workshop dates you have chosen. Upon payment of \$242.00 (for 4 x 2 hour workshops or 1 day workshop) you will receive a ZOOM link and some preparation material. Certificates will be generated at the end of the workshops.

Refund policy: Participants are required to give Davaar Consultancy four (4) working days notice of cancellation for a full refund to be made. Alternative nominated participants are allowed up to time of event. Cancellations with less than four (4) working days notice are not entitled to a refund.

Registration: To book your place, email your scanned and completed registration form to debb@davaar.com.au

Or pay by direct deposit to:

Bank - Bendigo - Account Name: Davaar Consultancy

BSB - 633-000 - Account number: 153356290



**I would like to pay via
PayPal, please send me
an invoice.** ☐

Schedule: Each workshop commences at 0830 to 1230 hrs

Commence link via Zoom from 0815 hrs Qld Time

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