



Before the diagnosis of borderline personality disorder there was a child

Tues 13 & Wed 14 February 2024 | 0830-1230 AEST (Bris time)

Two x 4 hr workshops VIA ZOOM

Tues 16 & Wed 17 April 2024 | 0830-1230 AEST (Bris time)

Two x 4 hr workshops VIA ZOOM

CPD 8 hours

REGISTRATION COST

\$242.00 (incl GST) per person for 2 x 4 hr workshops

INTRODUCTION

This eight hour workshop split into 2 x 4 hour workshops dives deep into the diagnosis of borderline personality disorder (BPD). During each session the facilitator will engage participants to reflect on the relationships they have and the work they do with individuals diagnosed with BPD. Woven throughout all sessions will be the importance of boundaries and safety. Case scenarios will be used in the sessions to demonstrate different aspects of support and care that can be provided to individuals who have a diagnosis of BPD. These will be interactive sessions in which you the participant can bring your curiosity and questions. A focus of these sessions is Duty of Care to Self.

Objectives of the workshop to:

1. Understand what is meant by the term borderline personality disorder and diagnostic criteria
2. Identify easy to integrate communication skills to foster healthy interactions with individuals who have BPD, promoting empathy and reducing stigma
3. Identify crises intervention strategies recognising and responding to crises associated with BPD, emphasising modulation of arousal and promoting a supportive environment
4. Understand the importance of collaboration with other people invested in providing support for individuals diagnosed with BPD
5. Identify strategies for self care of professionals and carers

TESTIMONIALS

"Life changing, people centred, honest & evocative." Rae

"Wendy, the facilitator, does a wonderful job of explaining all areas as well as trying to keep it fun. I was very impressed with the knowledge I took away with me from doing this course." Karen

"You will learn more about yourself and how you can not only better relate to customers in a safe way, but also how to protect yourself in the process." Colleen

WHO IS THIS COURSE FOR?

Health Professionals, Teachers, Support Workers, Managers and Team Leaders, those interested in supporting clients in distress

WORKSHOP CONTENT

In addition the following themes will be covered during the workshop:

- Trauma Informed Care
- Adverse childhood experiences
- The capacity of the human spirit to survive
- Affect dysregulation disorder
- Seeing the solutions in the problems
- Self harm and suicidality
- Dissociation and psychosis
- The effectiveness of boundaries and consistency
- Window of Tolerance
- Limbic system arousal and moderation
- Interventions, Third Space, Tortoise - Hare, Just breath
- Self care for professionals and carers
- Decreasing the risk of burn out, compassion fatigue and vicarious trauma

FACILITATOR

Dr Wendy McIntosh

RN GRAD DIP MH, MN PHD



Establishing her own company Davaar Consultancy Training & Development in 2005, Wendy has over 30 years as a health professional (clinical, education and research), twenty-five of those years in mental health. Areas of specific interest and passion for Wendy include: professional supervision, professional boundaries, professional identity, links between childhood trauma and mental illness and workplace bullying.

Wendy has over 20 years as a psychodrama trainee – a life long learning. She is committed to using experiential learning in the work she does with individuals and groups. Regularly presenting workshops at national & International conferences, Wendy consistently receives feedback on her passion, knowledge and creativity as a presenter & facilitator.

Wendy is continually integrating learning and insights she gains from the work she does in professional boundaries. Wendy has developed internet training tools and education packages for individuals / organisations and delivers webinars for a variety of organisations nationally and internationally.

With the assistance of six podcast episodes titled 'Professional Boundaries', Wendy is exploring and guiding listeners on their own personal and reflective journey through boundaries. This series of professional boundaries podcasts has been picked up by the School of Health and Social Care, Edinburgh Napier University to be used in their curriculum. Further podcasts are currently in production.

Wendy was Charter President of the Global Nurses & Midwives Rotary Club. An innovative, diverse and inclusive Rotary Club whose members come from around the world.

TO REGISTER

Fill out the registration form attached and email to debb@davaar.com.au

Virtual via Zoom



BEFORE THE DIAGNOSIS OF BORDERLINE PERSONALITY DISORDER THERE WAS A CHILD

REGISTRATION FORM & TAX INVOICE

Dates to choose from:

Tues 13 & Wed 14 February 2024 | 0830-1230 AEST (Bris time) Two x 4 hr workshops VIA ZOOM
Tues 16 & Wed 17 April 2024 | 0830-1230 AEST (Bris time) Two x 4 hr workshops VIA ZOOM
\$242.00 (incl GST) for 2 x 4 hours workshops | CPD 8 hours

Dates you would like to attend: _____

Name: _____

Mobile No: _____ Email : _____

Workplace: _____

Position: _____

Registration requirements: Payment must accompany your registration for this workshop up to 4 days prior workshop dates you have chosen. Upon payment of \$242.00 (for 2 x 4 hour workshops) you will receive a ZOOM link and some preparation material. Certificates will be generated at the end of the workshops.

Refund policy: Participants are required to give Davaar Consultancy four (4) working days notice of cancellation for a full refund to be made. Alternative nominated participants are allowed up to time of event. Cancellations with less than four (4) working days notice are not entitled to a refund.

Registration: To book your place, email your scanned and completed registration form to debb@davaar.com.au

Or pay by direct deposit to:

Bank - Bendigo - Account Name: Davaar Consultancy

BSB - 633-000 - Account number: 153356290



I would like to pay via
PayPal, please send me
an invoice. ☐

Schedule: Each workshop commences at 0830 to 1230 hrs

Commence link via Zoom from 0815 hrs Qld Time