

Professional Boundaries

Clues that a boundary transgression is/has happened ... and what to do to avoid a transgression

Red flags

- ⊃ Taking the patient for a meal in one's own time
- ⊃ Accepting an invitation from a patient to attend a party
- ⊃ Disclosing personal information to a patient
- ⊃ Accepting a social media relationship with the patient
- ⊃ Avoiding having contact with the patient
- ⊃ Making negative, defamatory comments about the patient
- ⊃ Believing that you are the only one who can make a positive difference in the patient's life
- ⊃ Wanting to 'save / 'rescue' the patient.

READ your regulatory body guidelines, talk with your union, seek professional supervision, change the relationship with the client, start setting limits , maintain reflective practice.



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NB: It is important to familiarise with and understand the Professional Boundary Policy and Guidelines of your workplace and your Regulation Board requirements. NB: The word 'patient' is used in different contexts—the terms 'customer', 'client' or 'resident' may also be used.