

2-Day Workshop 3rd & 4th June 2020

Wednesday (2 x 3 hours modules) & Thursday (2 x 3 hour modules) 0900-1215hrs (incl break) and 1300-1615hrs (incl break) - both days *QLD time*

Objectives

- Understand the range of definitions used when discussing professional boundaries
- Exploring the professional boundary framework including categories of concern
- Identifying the red flags, being aware of the transgression clues
- Exploring reasons for boundary transgressions
- Identifying strategies to maintain professional boundaries for self, colleagues, organisation.

Workshop content: During this two day workshop the facilitator will discuss and explore with you the "foundation stones" of professional boundaries. Using a number of actual case scenarios participants will experience the complexities of professional boundaries whilst appreciating the ease with which transgressions occur. Through exploring the professional boundary framework you will be able to experience the continuum of over and under involvement. The workshop provides a discussion and experiential space in which you can identify and practice a range of strategies to assist you develop and maintain boundaries in your professional role. This workshop is open to participants who work in people related services including: health, education, NDIS, police, council, and NGO organisations.

Facilitator: **Dr Wendy H McIntosh PhD** (RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training).

Wendy conducts training on a number of themes including boundaries, mental illness in the workplace, and working with clients who have experienced childhood trauma. Wendy regularly presents at state, local and international conferences and has a number of publications.

With an extensive history of working in mental health (clinical, research & education), Wendy conducts regular individual and group supervision and is past President of the Australian, Aotearoa New Zealand Psychodrama Association, Qld Region.



