

# Avoiding the Chaos - Role Theory: Working with Clients Diagnosed with Borderline Personality Disorder

Earn 13  
CPD Points

2 Day workshop. Toowoomba, QLD 23 & 24 August, 2018 - \$440 Incl GST



## THEMES

- What's in a name – does the term borderline personality disorder cause some issues in the therapeutic encounter?
- Explaining role theory – how understanding it can help you in the work you do
- Understanding the interplay between the body's stress system and behaviors / emotional lability and self harm demonstrated by clients
- Exploring the multiple reasons for self harm
- Understanding the importance of attachment theory when working with clients diagnosed with BPD
- Exploring the dangers issuing from transference, counter-transference and boundary transgressions

## OBJECTIVES

*“Just because our clients are in chaos does not mean that we have to be in chaos.”*

This workshop explores working with individuals with borderline personality disorder (BPD) through the lens of role theory, expanding understanding of how we respond to others based on their behaviours, and how they then respond to us.

Working with clients diagnosed with BPD can be rewarding, challenging and often frustrating. Labile moods, impulsive and risky actions and tendencies to self-harm can present difficulties in the therapeutic encounter.

Using of a number of vignettes, we'll explore the transference/counter-transference issues that may surface in the therapeutic setting and discuss how best to work with them,

Participants will practice process-oriented, and action-based interventions to help them work with individuals more spontaneously and creatively,

The number of participants will be limited to 20.

This workshop is open to teachers, school nurses, clinicians working in mental health, & general health settings, police officers, ambulance officers & staff working in NGO's.

*About the Facilitator:* **Dr. Wendy H McIntosh PhD** (RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training). Dr. McIntosh has delivered workshops on boundaries at state, national and international conferences and has two papers published on the theme. With an extensive history of working in mental health (clinical, research & education), Wendy conducts regular individual and group supervision and is past President of the Australian, Aotearoa New Zealand Psychodrama Association, Qld Region.



**Davaar Consultancy Training and  
Development Pty. Ltd**

**Professional Boundaries: Your Safety, Our Business**

## **Avoiding the Chaos - Role Theory: Working with Clients Diagnosed with Borderline Personality Disorder**

**23 & 24 August, 2018 : 0830 - 1630**

***“Just because our clients are in chaos does  
not mean that we have to be in chaos.”***

This two-day workshop provides participants with an opportunity to explore a number of themes relevant to understanding and working safely with individuals diagnosed with borderline personality disorder (BPD).

In this process-oriented setting participants are invited to practice a broad range of interventions aimed at increasing spontaneity and creativity in the work they do. Working with individuals diagnosed with borderline personality disorder is often challenging, and frustrating; but with the balance and awareness of clear boundaries, empathy and consistency, it can be very rewarding.

Dr. McIntosh will invite participants to practice role reversal with individuals they work with, helping them to gain new insights and to identify new options for the therapeutic encounter.

Discussion will be included regarding current debates on the terms Borderline Personality Disorder, Affect Dysregulation Disorder, and Traumatic Attachment; how powerful is the language used in understanding the work we do with clients?

***Pre-reading will be provided to participants after registration and payment has been received.***

### **Comments from participants after attending this workshop:**

- “very enjoyable – a serious topic tackled with humour and professionalism in equal measure”
- “useful, thought provoking and stimulating”
- “inspires me to be more curious and to investigate”
- “I really enjoyed being challenged personally and professionally”
- “I thoroughly enjoyed the workshop and gained many insights”
- “this workshop left me with a feeling that I have gained new learnings and exposure to different methods”

### **Facilitator: D.r Wendy H McIntosh PhD**

(RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training).

Dr. Wendy H McIntosh has delivered workshops on boundaries at state, national and international conferences and has two papers published on the theme. With an extensive history of working in mental health (clinical, research & education), Wendy conducts regular individual and group supervision and is past President of the Australian, Aotearoa New Zealand Psychodrama Association, Qld Region.

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## Role Theory: Working with Clients Diagnosed with BPD Toowoomba 23 & 24 August, 2018 : 0830 - 1630

### Registration Form & Tax Invoice

**Costs : Workshop \$440.00** including GST of \$40  
*Please print clearly to ensure we can complete your registration.*

<b>Participant Name</b>			
<b>Mobile Phone</b>		<b>Email</b>	
<b>Work Phone</b>		<b>Alternative Email (optional)</b>	
<b>Home Phone</b>		<b>Position</b>	
<b>Workplace</b>			
<b>Paid by</b>	<b>Self</b>	<b>(Circle one)</b>	<b>Organisation</b>
<b>How did you hear about our trainings? (optional)</b>			

**Registration requirements:** Payment must accompany your registration for this workshop. Pre-reading material will be sent to you upon receipt of your registration and payment.

**Cancellation policy:** Refunds will not be issued. If you are unable to attend the workshop, someone else may attend in your place. Please notify Debb Quinn at [debb@davaar.com.au](mailto:debb@davaar.com.au) or **0411-385-573** immediately if there is a change of workshop attendees.

**Immediate Registration:** To book your place immediately, email your scanned and completed registration form to [debb@davaar.com.au](mailto:debb@davaar.com.au)

**Registration form & cheque, or money order may be mailed to:**

Davaar Consultancy Training & Development  
PO Box 37 Laidley QLD 4341

**Or pay by direct deposit to:**

Bank - Bendigo - Account Name: Davaar Consultancy  
BSB - 633-000 - Account number: 153356290

**Schedule:** Registration opens: **0830** - Workshop times: **0900 - 1630**

**Location:** Theatrette Room, Cobb & Co Museum, 27 Lindsay St, Toowoomba City QLD 4350

**Meals:** Tea & Coffee will be available. Lunch will be provided.