

Tailor-Made Education Plans: Professional Boundaries

Earn 15 CPD Points
from each program



PROCESS

The facilitator develops a specific education program.

Programs may include:

- **workbook with short answer questions**
- **attendance at one of our two-day workshops**
- **completion of our internet tool on boundaries**
- **list of objectives & time frame**
- **face to face, telephone or Skype sessions**
- **further sessions may be required**
- **a report for the governing body**
- **A certificate of attendance for 15 CPD.**

OBJECTIVES

The objectives of each tailor-made plan are specific to the training needs of the individual, however there are common objectives that are required to be met. These are also the objectives for our two day workshops on Professional Boundaries:

- ✓ demonstrate an understanding of definitions pertinent to professional boundaries
- ✓ demonstrate an understanding of the Boundary Framework – specifically the following – over /under involvement, context, zone of helpfulness
- ✓ describe the categories of concern and give examples from each of the 4 categories
- ✓ identify and discuss warning signs that they potentially could / actually have transgressed professional boundaries
- ✓ identify and discuss strategies to assist maintain their own professional boundaries
- ✓ demonstrate an understanding of reasons for boundary transgressions
 - ▶ (intrapersonal, interpersonal & systemic)
- ✓ discuss transgressions that occur collegially and identify strategies to manage same
- ✓ discuss the relationship between professional boundaries and ethical practice
- ✓ demonstrate an understanding of the cost of boundary transgressions for clients, health professional, organization & profession and broader community

Facilitator: Dr Wendy H McIntosh PhD (RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training). Dr McIntosh has delivered workshops on boundaries at state, national and international conferences and has two papers published on the theme. With an extensive history of working in mental health (clinical, research & education), Wendy conducts regular individual and group supervision and is currently President of the Australian, Aotearoa New Zealand Psychodrama Association, Qld Region.



Davaar Consultancy Training and Development Pty. Ltd

Professional Boundaries: Your Safety, Our Business

Tailor Made Health Professionals Education Plans: Safe Professional Boundaries

Dear Health Professional,

Thank you for your interest in Davaar education and tailor-made plans in relation to an AHPRA undertaking. See our website for more information about Tailor made plans: davaar.com.au

Objectives

Each tailor-made plan has objectives specific to the training needs of the individual, however these are common objectives that are required to be met. These are also the objectives for our two day workshops on Professional Boundaries:

- ✓ demonstrate an understanding of the Boundary Framework – specifically over /under involvement, context, zone of helpfulness
- ✓ describe the categories of concern and give examples from each of the 4 categories
- ✓ identify and discuss warning signs that they potentially may / actually have transgressed professional boundaries
- ✓ identify and discuss strategies to assist maintain their own professional boundaries
- ✓ demonstrate an understanding of reasons for boundary transgressions
 - * (intrapersonal, interpersonal & systemic)
- ✓ discuss transgressions that occur collegially and identify strategies to manage same
- ✓ discuss the relationship between professional boundaries and ethical practice
- ✓ demonstrate an understanding of the cost of boundary transgressions for clients, health professional, organization & profession and broader community

The process for each tailor-made plan is as follows:

- an initial interview between Dr McIntosh and the individual, following which a specific education program is developed. The initial interview takes approx.1.5 hours
- the plan usually consists of at least one written component (workbook consisting of short answer questions and scenarios, sometimes a reflective essay)
- attendance at one of our two day workshops if relevant to the specific undertaking the individual is to complete
 - * and / or completion of the Davaar internet tool on boundaries
- and education plan consisting of objectives, how those objectives will be met, time frame (identified during initial interview)
- dependent upon the reasons for the undertaking, the individual may be required to have a further 2-5 1:1 sessions (face to face is preferred or discussions over the phone with individuals who live interstate, overseas or far North Queensland. There will be a **minimum of 3 face to face, telephone or Skype sessions**)
- upon successful completion of the program, a report is generated to AHPRA as well a copy for the individual
- a certificate of attendance for 15 CPD is generated upon successful completion and receipt of full payment

The specific plan becomes a signed and dated agreement between Dr McIntosh (on behalf of Davaar Consultancy) and the individual. It is the responsibility of the individual to send the original signed plan to AHPRA for approval.

Cost of plan including resources, contact time (x 3 sessions), development of plan and report, and attendance at two day workshop is \$1,210.00. If further sessions are required these will be discussed at the end of the initial session and each extra session will be \$110.00 per session. **NB. Cancellation of appointments with less than 24 hours notice will incur the full hourly fee.**

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There are two venues where Dr McIntosh meets with individuals:

- The Moreno Collegium, 45 Clarence Street, Coorparoo
- Davaar Consultancy, 184 Patrick Street, Laidley (Lockyer valley).

If you wish to enter into an education plan, and you are able to attend one of the venues listed, please indicate which suits you best.

If full payment is made on receipt of invoice, the fee is \$1100.00 (saving \$110.00). If you wish to pay by instalments then the full fee of \$1,210.00 is required and instalment plan to be discussed between yourself and Dr McIntosh. Report will be submitted to AHPRA on completion, and after receipt of full payment.

If you have any questions or require clarification please contact the author, Dr Wendy McIntosh at wendy@davaar.com.au.

I look forward to hearing from you,

Sincerely,

Wendy McIntosh

Dr Wendy H McIntosh PhD

Please note: This document explains the process and potential costs of an undertaking with Davaar Consultancy. In each instance, a specific education plan is developed to be forwarded to regulatory boards for approval. Read this document for details of developing a plan for approval.