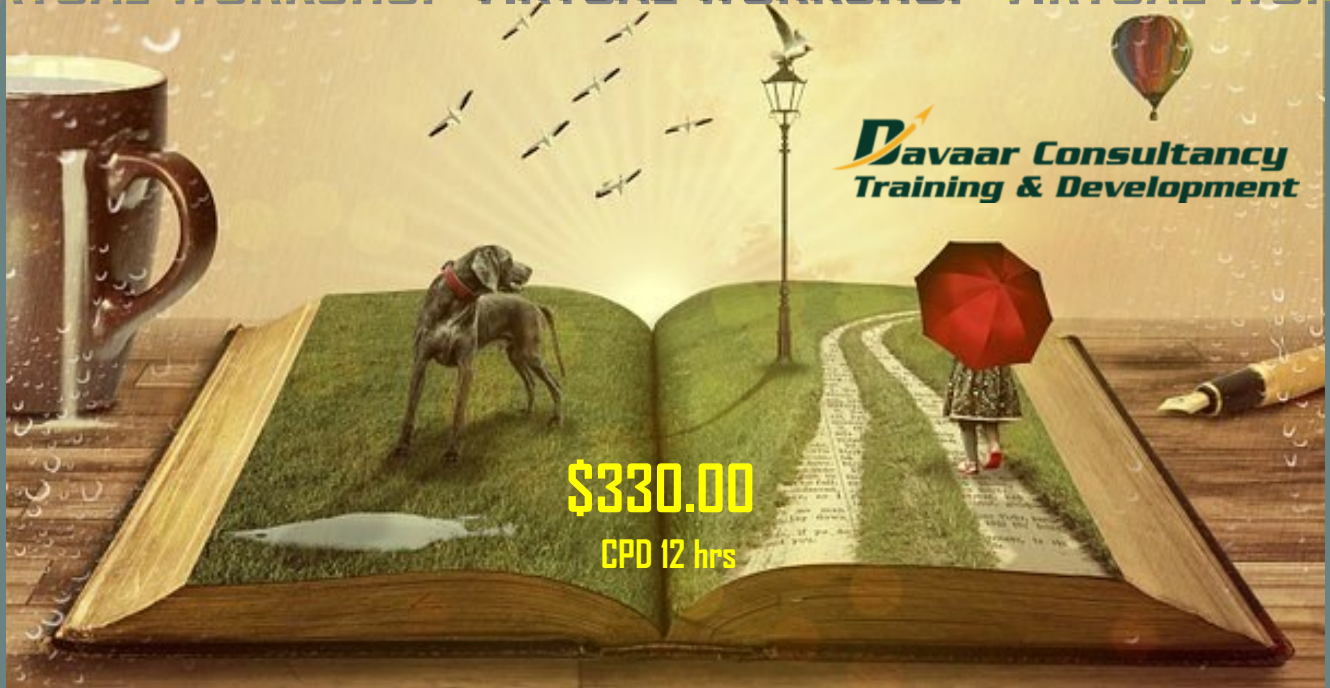


# VIRTUAL WORKSHOP VIRTUAL WORKSHOP VIRTUAL WORKS



**\$330.00**

CPD 12 hrs

## Writing my Story : The Personal and Professional

Friday 29 May (2 x 3 hours modules) & Friday 5 June (2 x 3 hour modules)

0900-1215hrs (incl break) and 1300-1615hrs (incl break) - both days QLD time

- Stimulate creative ideas through writing
- Develop insights about the choices you have made
- Create inspiring personal and professional plans for your future
- Reflect on what you can learn through your written words
- Develop a relationship with your own wise counsellor through your writing
- See and appreciate your relationships with yourself, family, friends and colleagues through your writing



Facilitator: **Dr Wendy H McIntosh PhD** (RGN, Grad. Dip. MH., MN, Group Leadership Cert, Cert IV Workplace Assessment & Training).

*"I never know what I think about something until I read what I've written on it." -- William Faulkner*

We will create a relaxing atmosphere to facilitate space for reflection on your personal and professional journey through a writing process.

Using a mixture of Intensive Journal Process as developed by Ira Progoff 1975 and action methods, you will journey, exploring significant points in your life and the shape your life has taken through the decisions you have made. You will develop new insights about yourself, your body, your relationships, your work, your professional identity and the society you live in.

Through writing you can reverse roles and dialogue with significant others, with your body and with society. As you write through the eyes and experiences of others you will gain a deeper appreciation of the actions you take in life.

The process learnt during this workshop can be used beyond the 2 days as you apply the different elements of the writing to your ongoing personal and professional journey.

Your preparation - a journal to write in and your favourite pen, pencil and crayons.

The number of participants will be limited to 8.

# Writing my Story : The Personal and Professional

Friday 29 May (2 x 3 hours modules) & Friday 5 June (2 x 3 hour modules)

0900-1215hrs (incl break) and 1300-1615hrs (incl break) - both days

About this workshop: A comfortable and relaxing space is offered to enable reflection on your personal and professional journey through the process of writing. Through writing, you will reverse roles and dialogue with significant others, with your body and with society. As you write through the eyes and experiences of others you will gain a deeper understanding and appreciation of the actions you take in life.

You will carry the process practiced during this workshop beyond the two days, employing the different elements of the writing as a practice to make sense of your ongoing personal and professional experiences.

Your preparation—a journal to write in and your favourite pen, pencil and

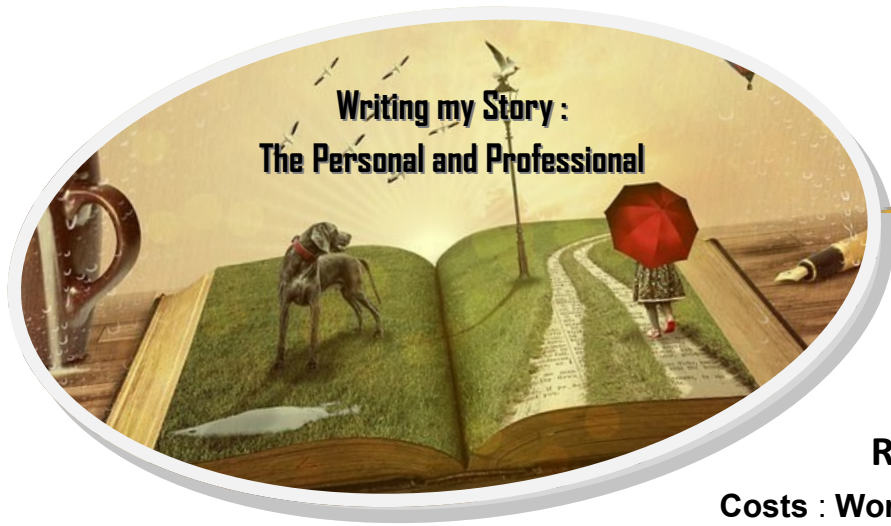
## Comments from Davaar workshop participants:

- ✦ *"very enjoyable – a serious topic dealt with with humour and professionalism in equal measure"*
- ✦ *"thought provoking and stimulating"*
- ✦ *"inspires me to be more curious and to investigate"*
- ✦ *"I thoroughly enjoyed the workshop and gained many insights"*
- ✦ *"this workshop left me with a feeling that I have gained new learnings and exposure to different methods"*
- ✦ *"I really enjoyed being challenged personally and professionally"*

Visit [Davaar.com.au](http://Davaar.com.au) for more information on this and other workshops



**Dr. Wendy McIntosh PhD** RGN, RMHN, Grad.Dip MH, MN, Cert IV Workplace Assessment & Training, Group Leadership Cert, MRCNA, MANZCMHN, AMANZSPA. Wendy has over 30 years as a health professional (clinical, education and research), twenty-five of those years in mental health. Areas of specific interest and passion for Wendy include: professional supervision, professional boundaries, professional identity, links between childhood trauma and mental illness and workplace bullying. Wendy has over 20 years as a psychodrama trainee – a life long learning. She is committed to using experiential learning in the work she does with individuals and groups. Regularly presenting workshops at national & international conferences, Wendy consistently receives feedback on her passion, knowledge and creativity as a presenter & facilitator. Wendy is exploring and guiding listeners on their own personal and reflective journey through her podcasts on boundaries.



**Professional Boundaries:  
Your Safety, Our Business**

## Registration Form & Tax Invoice

**Costs : Workshop \$330.00** including GST of \$30

<i>Please print clearly to ensure we can complete your registration.</i>			
<b>Participant Name</b>			
<b>Mobile Phone</b>		<b>Email</b>	
<b>Work Phone</b>		<b>Alternative Email (optional)</b>	
<b>Home Phone</b>		<b>Position</b>	
<b>Workplace</b>			
<b>Paid by</b>	<b>Self                      (Circle one)                      Organisation</b>		
<b>How did you hear about our trainings? (optional)</b>			

**Registration requirements:** Payment must accompany your registration for this workshop. Upon payment of \$330.00 you will receive a **ZOOM link** and some preparation material.

**Refund policy:** Participants are required to give Davaar Consultancy five (5) working days notice of cancellation for a full refund to be made. Alternative nominated participants are allowed up to time of event. Cancellations with less than five (5) working days notice are not entitled to a refund.

**Immediate Registration:** To book your place immediately, email your scanned and completed registration form to [debb@davaar.com.au](mailto:debb@davaar.com.au)

**Registration form & cheque:**

Davaar Consultancy Training & Development, PO Box 37, Laidley QLD 4341

**Or pay by direct deposit to:**

Bank - Bendigo - Account Name: Davaar Consultancy  
BSB - 633-000 - Account number: 153356290

**Registration:**

By Monday 25th May, at the latest **QLD TIME**



I would like to pay via PayPal, please send me an invoice.  (✓)